



CRONULLA SUTHERLAND KAYAK CLUB

CSKC SPRAY SHEET DECEMBER 2025

December is a month for eating, drinking, reflecting on the year, and catching up with friends and family we haven't seen in far too long. Did I mention eating?

It's also the month—hopefully—for slowing down, taking a breather, and getting out on the water a little more.

This time of year, it invites gratitude for the year that was and appreciation for the people who show up and paddle alongside us. It's the perfect moment to pause and acknowledge those who have been part of our journey throughout the year.

Overall, it was an excellent year for paddling. Some got faster, some got slower, some changed boats, and others took on wild and interesting challenges—but everyone contributed to a great year on the water.

I hope you all had a wonderful Christmas, and I wish you a safe, happy, and paddle-filled New Year.





CRONULLA SUTHERLAND KAYAK CLUB



2026 Harbour Racing



Sat Race 1 - The Kur-Ring-gai Chase - Pittwater
30 May Hosted by Manly Warringah Kayak Club
<https://www.webscorer.com/PaddleNSWHarbourRacing>

Sat Race 2, TBA Wollongong
20 Jun
<https://www.webscorer.com/PaddleNSWHarbourRacing>

Sun Race 3, The Iron Cup - La Perouse
19 Jul Hosted by Pacific Dragons
<https://www.webscorer.com/PaddleNSWHarbourRacing>

Sun Race 4, Central Coast Classic - Patonga
9 Aug Hosted by Brisbane Water Paddlers
<https://www.webscorer.com/PaddleNSWHarbourRacing>

Sat Race 5, The JB Run - Jervis Bay
5 Sept Hosted by MAKAI Paddlers
<https://www.webscorer.com/PaddleNSWHarbourRacing>

Sat Race 6, The Hacking Classic - Finale - Gunnamatta Bay
26 Sept Hosted by Cronulla Sutherland Kayak Club
<https://www.webscorer.com/PaddleNSWHarbourRacing>



<https://nsw.paddle.org.au/upcoming-events>



[PaddleNSW - Harbour Racing](#)



harbour.racing@paddlensw.org.au



Updated: 20/11/25 DL



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2026 Marathon Series



Sat Race 1, Wagga Bidgee Bash, hosted by WBCC
31 Jan <https://www.webscorer.com/PaddleNSWMarathon>

Sat Race 2, Frank Harrison - Singles - Albury - hosted by MMCC
14 Feb *WebScorer Link TBC*

Sun Race 3, Frank Harrison - Doubles - Albury - hosted by MMCC
15 Feb *WebScorer Link TBC*

Sat Race 4, Windsor, hosted by WPC
14 Mar <https://www.webscorer.com/PaddleNSWMarathon>

Sun Race 5, Lane Cove, hosted by LCRK
29 Mar <https://www.webscorer.com/PaddleNSWMarathon>

Sat Race 6, Davistown, hosted by BWP
16 May <https://www.webscorer.com/PaddleNSWMarathon>

Sat Race 7, TBC
13 Jun *TBC*

Sat Race 8, Woronora, hosted by SSPC
4 Jul <https://www.webscorer.com/PaddleNSWMarathon>

Sat Race 9, Swallow Rock, hosted by CSKC
15 Aug <https://www.webscorer.com/PaddleNSWMarathon>

Sun Race 10, Narrabeen & *Finale*, hosted by MWKC
13 Sept <https://www.webscorer.com/PaddleNSWMarathon>

Updated: A20/11/25DL



<https://nsw.paddle.org.au/upcoming-events>



PaddleNSW - Marathon



marathon@paddlensw.org.au





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20 BEACHES

In November, there were a couple of races that I didn't cover in the November Spray Sheet, so here they are. The first one was the 20 beaches on the 1st of November. It was the 31st Running of the Shaw and Partners 20 Beaches





Ocean Classic. From the pictures on the Shaw and Partners website, the conditions look gnarly. (is that still a current term), Not only that, but the faces of the paddlers coming in looked relieved that it was over.



The 20 Beaches Ocean Classic is one of the most iconic Ocean Paddling races in Australia since first held in 1990 and run by the Manly Warringah Kayak Club. Traditionally raced from Manly to Palm Beach in a Southerly or Palm Beach to Manly in a North Easterly, the 20 Beaches Ocean Classic has attracted the cream of Australia's best Ocean Paddlers, who vie to hold up the coveted Steve Wood Trophy. The Steve Wood Trophy is decorated with some of the legends of our sport who have dominated this race including, Dean Gardiner (1990,1992), Tim Jacobs (2000, 2001, 2003, 2005, 2006, 2010, 2013) Jeremy Cotter (2007, 2009, 2013), Murray Stewart (2008, 2012) & Clint Robinson (2011). Beyond the leading pack of competitors, the 20 Beaches Ocean Classic always provides a fantastic opportunity for paddlers to test their Ocean Racing skills on the challenging point-to-point racetrack.



CRONULLA SUTHERLAND KAYAK CLUB




20 beaches ocean classic

Mchael MCKEOGH
157
20Beaches
1 November 2025
Gender: Male
Category: Over 60 Ski (60-69)
Status: Finished
Team: CRON
Points 1: 2286
Pace: 12.6 km/h
Wave: W3 - Male
Start Time: 09:09:16.00
Time Behind: 00:05:28.80
★ Add To Favourites

Finish Time
OVERALL 43/198 CATEGORY 4/22 GENDER 38/163
01:44:52.80
Share on X Share on Facebook

All Splits

Name	Time (Time of Day)	Leg Time (Split Time)	Pos (C/Pos)	G/Pos	Distance (Pace)
Finish	01:44:52.80 (10:54:08.80)	01:44:52.80 (01:44:52.80)	43/198 (4/22)	38/163	22.000 (12.6 km/h)




20 beaches ocean classic

John LEE
134
20Beaches
1 November 2025
Gender: Male
Category: Over 60 Ski (60-69)
Status: Finished
Team: WOOL
Points 1: 2280
Pace: 12.6 km/h
Wave: W3 - Male
Start Time: 09:09:16.00
Time Behind: 00:05:40.40
★ Add To Favourites

Finish Time
OVERALL 45/198 CATEGORY 5/22 GENDER 40/163
01:45:04.40
Share on X Share on Facebook

All Splits

Name	Time (Time of Day)	Leg Time (Split Time)	Pos (C/Pos)	G/Pos	Distance (Pace)
Finish	01:45:04.40 (10:54:20.40)	01:45:04.40 (01:45:04.40)	45/198 (5/22)	40/163	22.000 (12.6 km/h)


20 beaches ocean classic

Brett LEVINGS
137
20Beaches
1 November 2025
Gender: Male
Category: Over 60 Ski (60-69)
Status: Finished
Team: CRON
Points 1: 2295
Pace: 12.7 km/h
Wave: W3 - Male
Start Time: 09:09:16.00
Time Behind: 00:04:49.20
★ Add To Favourites



Finish Time
OVERALL 40/198 CATEGORY 3/22 GENDER 36/163
01:44:13.20
Share on X Share on Facebook

All Splits

Name	Time (Time of Day)	Leg Time (Split Time)	Pos (C/Pos)	G/Pos	Distance (Pace)
Finish	01:44:13.20 (10:53:29.20)	01:44:13.20 (01:44:13.20)	40/198 (3/22)	36/163	22.000 (12.7 km/h)



CRONULLA SUTHERLAND KAYAK CLUB





Julia ONG
178
20Beaches
1 November 2025
Gender: Female
Category: Over 60 Ski (60-69)
Status: Finished
Team:
Points 1: 1827
Pace: 8.3 km/h
Wave: W2 - Ladies & OC1 & <70 Male
Start Time: 09:03:40.00
Time Behind: 00:44:12.10
★ Add To Favourites

Finish Time
OVERALL 196/198 CATEGORY 4/4 GENDER 30/30
[Share on X](#) [Share on Facebook](#)

All Splits

Name	Time (Time of Day)	Leg Time (Split Time)	Pos (C/Pos)	G/Pos	Distance (Pace)
Finish	02:39:15.30 (11:42:55.30)	02:39:15.30 (02:39:15.30)	196/198 (4/4)	30/30	22.000 (8.3 km/h)





Ben CONSTABLE
43
20Beaches
1 November 2025
Gender: Male
Category: Over 40 Ski (40-49)
Status: Finished
Team:
Points 1: 2340
Pace: 13.4 km/h
Wave: W3 - Male
Start Time: 09:09:16.00
Time Behind: 00:01:37.30
★ Add To Favourites

Finish Time
OVERALL 25/198 CATEGORY 4/29 GENDER 22/163
[Share on X](#) [Share on Facebook](#)

All Splits

Name	Time (Time of Day)	Leg Time (Split Time)	Pos (C/Pos)	G/Pos	Distance (Pace)
Finish	01:38:33.20 (10:47:49.20)	01:38:33.20 (01:38:33.20)	25/198 (4/29)	22/163	22.000 (13.4 km/h)



Vukasin VUJANIC
244
20Beaches
1 November 2025
Gender: Male
Category: Under 23 Ski (19-23)
Status: Finished
Team: CSKA
Points 1: 2560
Pace: 14.0 km/h
Wave: W3 - Male
Start Time: 09:09:16.00
Time Behind: 00:01:34.70
★ Add To Favourites

Finish Time
OVERALL 10/198 CATEGORY 2/6 GENDER 10/163
[Share on X](#) [Share on Facebook](#)

All Splits

Name	Time (Time of Day)	Leg Time (Split Time)	Pos (C/Pos)	G/Pos	Distance (Pace)
Finish	01:34:06.40 (10:43:22.40)	01:34:06.40 (01:34:06.40)	10/198 (2/6)	10/163	22.000 (14.0 km/h)

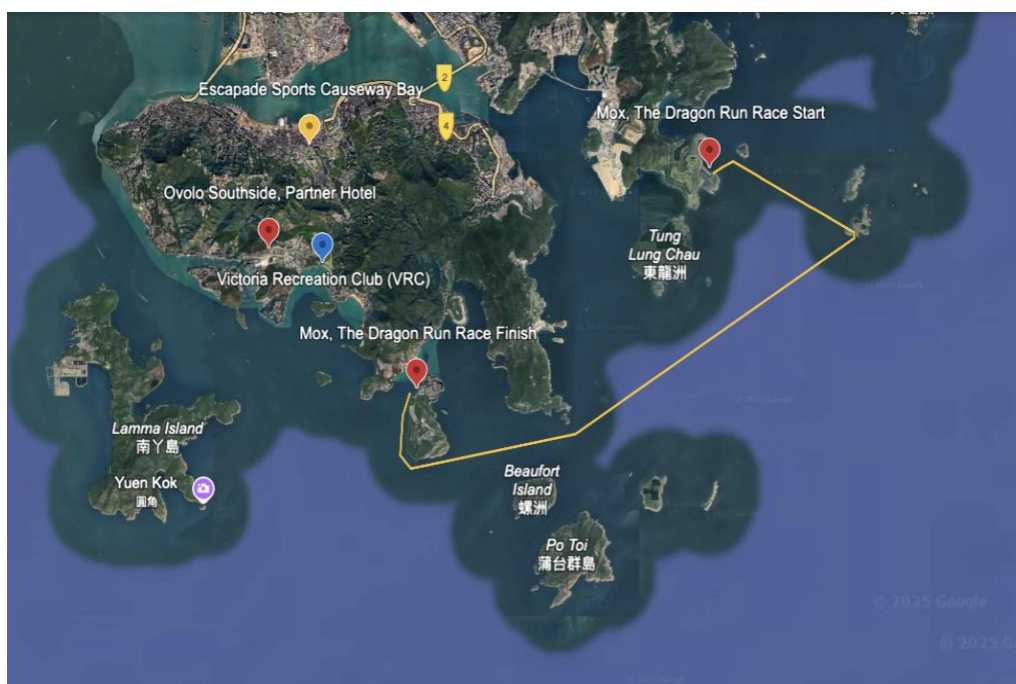


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MOX, THE DRAGON RUN

This is a 23.6km race in WILD conditions. Our very own Michael McKeogh competed and did very well, coming 12th overall out of 154 international paddlers.

12	104	Michael McKeogh	Surfski Male O60	60	M	1:53:37.9	+21:42.1
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Now for the fun pics





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